



## **Benchmark yourself: Self-reflecting about online teaching**

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# Benchmark yourself:



The image displays three benchmarking tables side-by-side, each with a different background color: yellow, blue, and pink. Each table is structured with columns for 'Area', 'Description', and 'Criteria'. The tables contain detailed text, likely representing various aspects of online teaching performance and their corresponding evaluation criteria.

## Self-reflecting about online teaching